



A typical scene at our school – students and instructors bowing to show Respect

We are NOT a Typical Sport! We are a Martial Arts School

If you want your child to be the best in class and work on their personal development and self-discipline, don't miss the opportunity to enroll them in our school.

We are not an ordinary Martial Arts school. Sensei Dervish's instructors work hand in hand with school teachers and parents to ensure a well-balanced and focused development process for each child.

- We do everything to make your child the best version of themselves.
- We teach them not to give into negative peer pressure.
- We teach them to excel in everything they do,
- We train them to be a leader in their community.
- We teach them to be a positive role model and much more

That is why over 50 head teachers in the area personally invite us to their school to teach their children. The head teachers realize how beneficial it is to a child's personality and character development.

Kaizen-Do Karate's Programmes develop and build character. They teach Focus, Respect, Discipline, Determination, Self-Control, Perseverance, Courtesy, Grit, Integrity, Resilience, Positive thought... The list is endless.

Commitment is a big part of being successful. Our Masters & Leadership programme teaches students the importance of commitment. Commitment makes things happen – nothing 'worthwhile' happens without commitment.

Here at Kaizen-Do, we understand that students who want to become Black Belts and live the Black Belt lifestyle must commit. If they're going to get good marks at school, they must commit to doing homework and trying their best in class. If they're going to progress in their career, then they must develop their value. To become a Black Belt, they must try their best in class and work on their personal development and self-discipline sheets.

Training to Black Belt improves many skills that are transferable to everyday life. Being a Black Belt will open up so many doors for your child.

If you are just looking for "kicking and punching" and something for your children to do, then Sensei Dervish's Kaizen-Do Karate is not for you. It doesn't just want to keep your child busy once a week. Its final goal is for your child to become the best version of themselves they can be.

Hopefully, you have read some of the 1000's of testimonials we have received.

I am positive that we will be able to help your families lives.



Yours in Karate Sensei Dervish, Black Belt 5th Dan. BSc (Hons) Sport & Exercise Science. PGCE. Founder & Chief Instructor; Kaizen-Do Karate